



SchoolVolley+

Involving youth in ages 4-12 in school in physical activity through broad motorical programs and get them acquainted with a club

Volleyball during and after schooltime

Innovative school volleyball activities, based on the perspectives of children, have been organized on the playground during the break or right after the classes end to promote sport participation. Teachers, clubs and coaches facilitate the activities to encourage physical effort during and after schooltime, so not during PE lessons. They received materials for the pilot and implementation.

SchoolVolley+ aims to encourage children in the age of 6-12 years to participate in physical activities at school. The program differs from regular PE classes because it focuses on activities during (lunch) breaks and after school. The children will be stimulated to be active by deliberate play. A regular school playground offers just limited space or facilities to be physical active. SchoolVolley+ expands the possibilities by using materials and easy organizable activities.

Targeted: Developed curriculum for schoolteachers, implemented at 50 schools, reaching 5.000 children. Stimulate clubs to connect to the schools and offer support with the activities. Children are invited to participate in club activities.

Reached: 92x SchoolVolley+ activities organized | 467 schools participated | 22.201 kids in the age of 6-12 reached | 1.248 coaches/teachers educated | 84 clubs participated

Manuals: SchoolVolley+ lesson cards English | SchoolVolley+ Lesson cards Dutch

Video: SchoolVolley+ in Belgium

